

**Juniper Meadow Ranch
24780 Dodds Rd
Bend OR 97701**

Bio Mechanics of Riding – a seat clinic

Clinic dates: (check the dates you plan to attend.) If you choose two dates, please make check for \$150.00 or for three days please make check for \$225.00)

- Saturday Oct 20 10:30 AM -5:00 PM \$85.00 Dinner after clinic location TBA 7:30 pm
- Sunday Oct 27 10:30 AM -5:00 PM \$85.00 Dinner after clinic location TBA 7:30 pm
- Saturday Nov 3 10:30 AM -5:00 PM \$85.00 Dinner after clinic location TBA 7:30 pm

Contact Phone: 541-312-3081

This clinic is taught by Theresa Denham, ARICP certified in 1997. We will work on understanding the movement of the horse, use of body in movement and how the two work together to create a fluid dance of horse and rider. Theresa Denham, under ARICP has personally worked under Susan Harris and Sally Swift. She also worked Clare Bayman (Wiltshire Riding Academy, Home of the British Olympic Team) to gain a deeper understanding of biomechanics of riding.

Finding and using your natural reflexes, your horse's natural reflexes and how the center of balance can easily be achieved will gain self confidence for you and your horse.

Theresa's years in the field have allowed Theresa to help riders to understand and achieve the "whys" of riding, not "just do because someone said to do it" attitude. You will begin to see how your body movement naturally works as part of the communication system to the horse to gain more confidence in your horse and creates a safer mount.

Please have your horse immunized against Flu, Rhino, and Strangles within the past 6 months and at least two week prior to entry to our facility.

I am signing up for this clinic and my \$85.00 will hold my seat in the clinic (If there are not enough paid entries -4- by Wed before the clinic your money will be refunded or you will get first option in the next clinic)

Checks are payable to : Juniper Meadow Ranch

The following order is my sign up and lunch order for the clinic. (please circle options provided)

Name: _____ Address _____ _____ _____ Phone _____ Email _____	Wrap or Sandwich <i>If sandwich:</i> Bread type Whole wheat Italian White Other _____ Meat Turkey Club Ham Roast Beef Cheese American Pepper jack Jack	Lettuce Pickles Tomatoes Mayo Mustard Dijon Mustard Vinegar/Oil Salt Pepper Jalapeño Other _____ _____
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Signed:

Date:

Directions to the Stables:

From Bend Oregon—Take Greenwood Road (Hwy 20) east towards Burns.
Follow road to the 9 mile marker. (you will pass the canal, and see Pine Mountain Nursery and Pine Mountain Ranch on the right)

Turn Left on Dodds Road and travel approximately 2.75 miles.

Turn Left onto gravel drive at 24780 Dodds Road
Follow driveway back to the house, stay left and follow drive around the front of the home, to the large barn on the left.

A few rules at the Stables:

Please do not pet horses in stalls

No smoking

No glass in barn

No pets